

### SHSM Program Planning Template

|                                     |                            |                         |
|-------------------------------------|----------------------------|-------------------------|
| <b>Teacher Name</b>                 | Kelli Kasper               | kasperk@limestone.on.ca |
| <b>School Name</b>                  | Frontenac Secondary School |                         |
| <b>Sector</b>                       | Health and Wellness        |                         |
| <b>Existing SHSMs at the School</b> | Arts and Culture           |                         |

#### SHSM Program Description:

Health and Wellness: Our SHSM Health and Wellness is a very strong program that has a high graduation success rate. We offer multiple opportunities for Physical Education, Math( and Science based courses. We offer various coop opportunities through in class and community involvement.

Website: [https://frontenacss.limestone.on.ca/for\\_students/specialist\\_high\\_skills\\_major](https://frontenacss.limestone.on.ca/for_students/specialist_high_skills_major)

#### SHSM Team

|   | <b>Name</b>   | <b>Responsibilities (specific tasks)</b>                   |
|---|---|--|
| <b>Student Success teacher</b>                | Diana Oke   |  |
| <b>School administrator(s)</b>                | James Bonham-Carter   | Support of new programs                                    |
| <b>Guidance teacher(s)</b>                    | Kelli Kasper<br>Danny Lalonde   |  |
| <b>Cooperative education teacher(s)</b>       | Laurie McEwen<br>Aaron Kenney   | Provide support for SHSM students in and outside of school |
| <b>Major credit teacher(s)</b>                | Erica Robinson- A & C<br>Matt Young- A & C<br>Duncan Cowan- H& W<br>Karlyn Pixley H & W |  |
| <b>Teachers of 'other required' course(s)</b> |   |  |

**SHSM Program Models:**

|  |   |
|--|---|
| <input type="checkbox"/> <b>Two Year Model</b> | <input type="checkbox"/> All components from SHSM will be fulfilled |
|--|---|

\*SHSM programming is for students from all pathways.

|   |
|---|
| <b><i>This SHSM Program provides opportunities for the following potential occupations:</i></b>     |
| H & W Occupations – teacher, physiotherapist, massage therapist, athletic therapist, Medicine, etc. |

**Pathway Chart: Below are the course codes linked to the sector and are offered at this school.**

| <b>SHSM Major Subjects</b>                               |       |                |       |                   |         |                  |       |
|--|-------|----------------|-------|-------------------|---------|------------------|-------|
| <i>Apprenticeship</i>                                    |       | <i>College</i> |       | <i>University</i> |         | <i>Workplace</i> |       |
| 11   | 12    | 11             | 12    | 11                | 12      | 11               | 12    |
| PPL 30   | PAF40 | SBI 3C         | SCH4C | SBI3U             | SBI4U   | PAF30            | PAF40 |
| PAL30  | PPL40 |                |       | SCH3U             | SCH4U   | PAI30            | PPL40 |
| PAI30  | PAI40 |                |       | SPH3U             | SPH4U   | PPL30            | PAI40 |
|  |       | NDA3M          | NDW4M | HSP3U             | HZT4U   | PAL30            | PAL40 |
|  |       | HZB3M          | HHS4C |                   | HHS4U   | GPP30            |       |
|  |       | HFC3M          | HPD4C |                   | HFA4U   | HPC30            |       |
|  |       |                |       |                   |         |                  |       |
|  |       |                |       |                   |         |                  |       |
| <b>English</b>   |       |                |       |                   |         |                  |       |
| <i>Apprenticeship</i>                                    |       | <i>College</i> |       | <i>University</i> |         | <i>Workplace</i> |       |
| 11   | 12    | 11             | 12    | 11                | 12      | 11               | 12    |
| NBE3C  | ENG4C | NBE3C          | ENG4C | NBE3U             | ENG4U   | ENG3E            | ENG4E |
|  |       |                |       |                   |         |                  |       |
|  |       |                |       |                   |         |                  |       |
| <b>Math</b>  |       |                |       |                   |         |                  |       |
| <i>Apprenticeship</i>                                    |       | <i>College</i> |       | <i>University</i> |         | <i>Workplace</i> |       |
| 11   | 12    | 11             | 12    | 11                | 12      | 11               | 12    |
| MBF3C  | MCT4C | MBF3M          | MAP4C | MCR3U             | MHF4U/E | MEL3E            | MEL4E |
|  |       |                |       |                   | MCV4U/E |                  |       |
|  |       |                |       |                   | MDM4U   |                  |       |
| <b>Other Required Credits (refer to Ontario.ca/SHSM)</b> |       |                |       |                   |         |                  |       |
| <i>Apprenticeship</i>                                    |       | <i>College</i> |       | <i>University</i> |         | <i>Workplace</i> |       |
| 11   | 12    | 11             | 12    | 11                | 12      | 11               | 12    |
| SVN3E  | HIP40 | HZB3M          | SCH4C | SPH3U             | SCJ4U   | HPC3C            | HIP40 |
|  |       | NBE3C          | HHS4C | HSP3U             | SPH4U   |                  |       |
|  |       | ICS3C          | ICS4C | NBE3U             | ICS4U   |                  |       |
|  |       | SVN3M          |       | SCH3U             |         |                  |       |
|  |       | HFC3M          |       | SPH3U             | HHS4U   |                  |       |
|  |       |                |       | ICS3U             | HFA4U   |                  |       |

**Compulsory Certifications:**

Each sector has a certain number of compulsory certifications. Please refer to the LDSB SHSM website for more information: <https://sites.google.com/limestone.on.ca/shsm/home>

| Compulsory Certification                          |  |
|---|--|
| Title/Focus of Certification or Training Program: | First Aid/CPR  |
| Provided by:<br>(range of providers)              | St. Johns Ambulance Course in person<br>Online through board |
| Delivery Type (in person/blended/online):         | Depending on COVID protocol                                  |

| Compulsory Certification                          |   |
|---|---|
| Title/Focus of Certification or Training Program: | WHMIS   |
| Provided by:<br>(range of providers)              | <a href="http://aixsafety.com/wp-content/uploads/2011/11/IntroWHMISaix.htm">http://aixsafety.com/wp-content/uploads/2011/11/IntroWHMISaix.htm</a><br>ONLINE |
| Delivery Type (in person/blended/online):         | Online  |

| Compulsory Certification                          |   |
|---|---|
| Title/Focus of Certification or Training Program: | Infectious Disease for Health and Wellness only   |
| Provided by:<br>(range of providers)              | Online<br><a href="https://alison.com/courses/Health-Guidelines-for-Avoiding-Infectious-Diseases">https://alison.com/courses/Health-Guidelines-for-Avoiding-Infectious-Diseases</a> |
| Delivery Type (in person/blended/online):         | online  |

**Elective Certifications:**

Each sector has a certain number of elective certifications. Please refer to the LDSB SHSM website for more information: <https://sites.google.com/limestone.on.ca/shsm/home>

| Elective Certification                            |                                       |
|---|---------------------------------------|
| Title/Focus of Certification or Training Program: | Taping Clinic Part 1 & 2              |
| Provided by:<br>(range of providers)              | KATC Kingston Athletic Therapy Centre |
| Delivery Type (in person/blended/online)          | Can do in person or virtual           |

| Elective Certification                            |  |
|---|--|
| Title/Focus of Certification or Training Program: | Introduction to Athletic and Massage Therapy |
| Provided by:<br>(range of providers)              | KATC Kingston Athletic Therapy Centre        |
| Delivery Type (in person/blended/online)          | Can do in person or virtual                  |

| Elective Certification                            |                                       |
|---|---------------------------------------|
| Title/Focus of Certification or Training Program: | Concussion workshop                   |
| Provided by:<br>(range of providers)              | KATC Kingston Athletic Therapy Centre |
| Delivery Type (in person/blended/online)          | Can do in person or virtual           |

| Elective Certification                            |                                       |
|---|---------------------------------------|
| Title/Focus of Certification or Training Program: | Injury Prevention Workshop            |
| Provided by:<br>(range of providers)              | KATC Kingston Athletic Therapy Centre |
| Delivery Type (in person/blended/online)          | Can do in person or virtual           |

| Elective Certification                            |                                       |
|---|---------------------------------------|
| Title/Focus of Certification or Training Program: | Nutrition workshop                    |
| Provided by:                                      | KATC Kingston Athletic Therapy Centre |

|  |                             |
|--|-----------------------------|
| (range of providers)                     |                             |
| Delivery Type (in person/blended/online) | Can do in person or virtual |

| Examples of Cooperative Education placements   |
|--|
| H & W – peer tutoring a P E class, Organizing events (Gr 9 Orientation, Gr 8 Day, Intramurals,) Working at a summer camp, working at health food store, coaching for younger students, refereeing a sport, working at a gym, working at a golf course or recreation center |

**SHSM Students**

| How do SHSM students be selected/identified for the program? Select all that apply.  |                                     |
|--|-------------------------------------|
| Interview  | <input type="checkbox"/>            |
| Application  | <input checked="" type="checkbox"/> |
| Self-identify through course selection   | <input type="checkbox"/>            |
| Parent approval required   | <input checked="" type="checkbox"/> |
| my Blueprint   | <input checked="" type="checkbox"/> |
| Other We promote during course selection to grade 10 classes, we advertise at school and grade assemblies, we advertise on SHSM bulletin boards, announcements, in arts classes and PE classes – I interview students in guidance interviews | <input checked="" type="checkbox"/> |